

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ON

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COURSE TITLE: HEALTH AND HEALING II

CODE NO.: NUR 122

SEMESTER: 2

PROGRAMME: NURSING *it* PRACTICAL NURSING

AUTHOR: JUDI MAUNDRELL AND BRENDA WARNOCK

DATE: JANUARY, 1996

PREVIOUS OUTLINE DATED: NEW

APPROVED: 
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DATE ^ 7

HEALTH & HEALING
COURSE NAME

NUR12Z
CODE NO.

QUAL CREDITS: 2

PREREQUISITES: HEALTH AND HEALING 1

I. PHILOSOPHY/GOALS:

This course will provide the student with the opportunity to explore the concept of gerontology. Theories of aging and the aging process will be examined as they relate to the health, wellness and healing of the older adult. Learning activities related to the promotion of health and healing will enable students to care for the older adult in the practice setting.

II. LEARNING OUTCOMES:

In this course, many learning activities are designed to foster collaborative learning in small groups. In order for the learner to develop the ability to critically think, reflect and integrate new information, the learner must engage in active dialogue with colleagues and the teacher. It is therefore to the learner's benefit that the learner attend and participate in class.

Upon completion of this course, the student will have:

- examined the concept of aging as a normal process.
- examined personal attitudes and values toward the elderly.
- analyzed theories of aging using problem solving and critical thinking skills.
- developed and practiced oral communication and interpersonal skills necessary to establish and maintain a helping and caring relationship with the elderly and their families.
5. strategized nursing actions to promote healthy aging.
6. generated nursing actions to support and promote healing in the elderly.
7. planned and evaluated health promotion activities for healthy elderly clients in the community.
8. planned and evaluated care for elderly clients requiring nursing care.
9. communicates clearly, concisely and correctly in the written, spoken and visual form that fulfills the purpose and meets the needs of audiences.
10. interact with others in groups or teams in ways that contribute to effective working relationships and the achievement of goals.
11. evaluate her or his own thinking throughout the steps and processes used in problem solving and decision making.
12. collect, analyze and organize relevant and necessary information from a variety of sources.

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III. TOPICS IQ BE COVERED:

The following concepts will be examined:

- The aging process
- Theories of aging
- Interpersonal skills and the elderly
 - helping relationship
 - caring
- Attitudes and values toward the elderly
- Health and wellness in aging
 - demographics
 - lifestyle/assessment
 - issues and concerns (socioeconomic/ environmental)
 - health promotion
 - community resources
- Healing and aging
 - issues and concerns
 - assessment
 - promoting healing (care of)
 - settings for care

IV. LEARNli& ACTIVITIES/RESOURCES:

Refer to the teacher/student resources and learning packages for learning activities/resources.

V. EVALUATION METHODS:

1. The pass mark for the course is 60%. The evaluation is made up of a grade-contract comprised of assignments and learner preparation submissions for 60% of the course mark and a final examination worth 40%. This grade-contract will be negotiated within 10 classroom days.
2. Students must achieve a satisfactory on term assignments and learner preparation submissions. If unsatisfactory, the teacher and student may negotiate to rewrite. If the student receives a mark below 60% on the final exam, they may be eligible to rewrite. The highest mark that can be achieved on a rewrite is 60%. The student is eligible for two rewrites in this course. For further information related to examinations and supplemental examinations please refer to the General Information and Practicum Experience Booklet^ Nun&ing Programs.

EVALUATION METHODS Continued:

3. Evaluation Methods:

The evaluation is made up of a grade-contract comprised of assignments and learner preparation submissions for 60% of the grade. The grade-contract will be negotiated within 10 classroom days.

Assignments and Learner Submissions	60%
- Theory of Aging Paper	
- Analysis and Decision for Placement of Elderly Person	
- Nursing Care Issues and the Frail Elderly Report	

Plus Learning Submissions based on grade contract:

Final Exam	100%
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VI. PRIOR LEARNING & ASSESSMENT:

Students who wish to apply for advanced credit in the course should consult the instructor.

VII. REQUIRED STUDENT RESOURCES:

Beckingham, Ann and Dugas, B., Promoting Healthy Aging: A Nursing and Community Perspective, C.V. Mosby, Toronto, 1993

Berger, K.J. & Williams, M.B., Fundamentals of Nursing: Collaborating for Optimal Care, Prentice-Hall, Toronto, 1992

11 Student Resources Package, 1995

Smeltzer, Suzanne C, & Bare, Brenda, Brunner and Suddarth's Textbook of Medical-Surgical Nursing, J.B. Lippincott Co., Philadelphia, 1992

VIII. ADDITIONAL RECOMMENDED RESOURCES:

Pharmacology textbook

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ix. SPECIAL JmiES

Students with special needs (eg. physical limitations, visual impairments, hearing impairments, learning disabilities) are encouraged to discuss required accommodations confidentially with the instructor.

Your instructor reserves the right to modify the course as he/she deems necessary to meet the needs of students.

Sault College wishes to acknowledge the contribution Georgian College has made to this process.

X. £Q\IBSt ANALYSIS SHEEL: